University of Minnesota

Twin Cities Campus

Office of the Vice President for Health Sciences

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October 23, 2013

The Honorable Terri E. Bonoff Chair, Higher Education and Workforce Development Committee Minnesota Senate

The Honorable Gene Pelowski, Jr. Chair, Higher Education Finance and Policy Committee Minnesota House of Representative

Dear Senator Bonoff and Representative Pelowski:

Pursuant to Laws of Minnesota 2013, Chapter 99, Article 2, Section 27, Subdivision 1, we submit the following report on the University of Minnesota's Medical School capacity.

As the state's land grant institution, the University of Minnesota is committed to preparing the state's future health professional workforce. With a mission of education, research, and service, we prepare 70% of Minnesota's physicians, advanced practice nurses, dentists, public health professionals, pharmacists, allied health professionals, and veterinarians.

The University of Minnesota has one of the largest medical student enrollments in the country. It has one of the highest percentages nationally of students choosing primary care careers. It is known nationally for its programs to train physicians for rural practice. Over two thirds of the University's medical students and residents stay in Minnesota to practice.

Although the demand for physicians and other health professionals is growing, the University has no plans at this time to expand its medical student enrollments. The major bottleneck is the lack of residency training positions and funding in Minnesota and nationally. Residency training, which follows graduation from medical school, is required for licensure and lasts from three to ten years, depending on the medical specialty. Resident training positions are paid principally by federal Medicare and state MERC funds. A cap on the number of training positions set by the federal government in 1997 and reduced federal and state funding for residency training programs has meant that until these issues are addressed, it makes no sense to increase medical school enrollments. There will be no place to train them.

We look forward to working with you on the serious challenges facing Minnesota in meeting the state's health professional work force needs. Please let me know if you have any questions about the report or would like additional information.

Sincerely,

Aaron Friedman
Dean, Medical School

Vice President for Health Sciences

Medical School Capacity Study October 23, 2013

Overview

Anticipating physician workforce needs 20 years into the future is a challenge made both more necessary and more difficult by the changing environment of health care delivery. Meaningful projections must consider a range of complex factors – and no two studies utilize the same approach or variables. In a working paper released in June 2013, the Organization for Economic Co-operation and Development analyzed 26 health workforce projection models produced by 18 member countries. The OECD found that each of the studies considered a different set of variables in producing its forecasts. The American Association of Medical Colleges recently published *Physician Workforce Projections in an Era of Health Care Reform,* a paper that defines the following factors as having the greatest influence on physician supply and demand:

Supply =

[Current (physician hours) + New (graduate medical education enrollment, international medical graduates) – Exits (age, economy)] x Efficiency (teams, structure, tools)

Demand =

Population (size, demographics) x Health (prevalence, incidence) x Utilization (access, structure, supply)

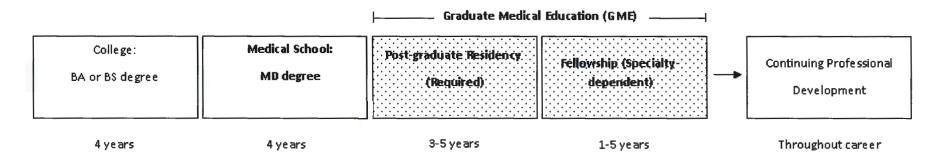
To our knowledge, projections available to date for Minnesota take some but not all of these variables into consideration.

We provide this background to illustrate the difficulty of identifying one set of data that best illustrates the future need for physicians in Minnesota. Health workforce studies are complex, costly and reliant on assumptions. Although we consulted with the Minnesota Department of Health and the Metro Minnesota Council on Graduate Education (MMCGME) and searched the literature, we were unable to locate a single study that provided all the information requested by the legislature. In order to meet the legislature's request, we have combined data from multiple reliable sources and made some assumptions of our own. We have taken care to clearly identify our sources, how our projections were calculated and the predictions on which our projections are based.

Our resulting projections rely on multiple assumptions (spelled out in this document). The task of drafting this response to the legislature underscores the need for a comprehensive, Minnesota-centric analysis of health care workforce needs.

The Residency Bottleneck

We appreciate the legislature's inquiry into future physician demand. We noticed, however, that most of the questions posed by the legislature focus on *medical school* graduation rates without taking into consideration the number of learners we are able to accommodate in *residency training*. Residency, or Graduate Medical Education (GME), is the component of physician training that follows medical school. Residency training is required for licensure and lasts from three to ten years, depending on the medical specialty. The sequence of training is as follows:



Resident training positions are paid principally by federal Medicare and state Medical Education and Research Cost (MERC) funds. GME looms as the bottleneck that will have the greatest impact on our ability to meet the state's future workforce requirements.

The equation for supply on page one of this document points out that the number of residency slots is a key factor in determining the number of physicians available to meet future demand. The state could significantly increase its medical student enrollment, but without a corresponding increase in GME positions, we would not be able to provide a higher number of new clinicians. The number of GME training slots is limited by the federal 1997 Balanced Budget Act and fluctuations in federal and state financial support. In fact, Congress is currently considering significant additional reductions in funding for GME. Stable funding is essential to the success of residency training. The uncertain funding climate has long term repercussions for Minnesota's health care workforce: a high percentage of those who complete training here remain in Minnesota to practice. 67% of Minnesota's current active physicians completed medical school or GME training within the state; 34.7% completed medical school here; 64.6% completed GME training in Minnesota; 31.9% completed both medical school and GME training in Minnesota. According to studies nationally, most physicians practice within a 100 miles of where they did they residency training. Without a simultaneous increase in in-state residency positions, an increase in the number of students moving through our medical school would have little impact on the number of physicians available to practice in Minnesota. An increase in residency positions will require a change in GME funding formulas at the federal and state levels, however.

Historical Data on Applications, Admissions and Matriculation

1. Provide the number of applicants seeking admission to the school for the academic term commencing in the fall of 2013 and the number admitted.

Program	Number of Applicants	Number Admitted (Began Training)
Medical School, Twin Cities Campus	3830	163
Medical School, Duluth Campus	1674	60
MD/PhD program, Twin Cities Campus	213	07
TOTALS, all programs	5,717	230

2. Provide the number of applicants admitted to the school for each of the fall academic terms from 2000 through 2012.

Medical school enrollment has held steady for the 13 years included in the table below.

Annual Total Applicants/Admits, 2000 through 2012

Includes Twin Cities and Duluth Medical Schools and the MD/PhD program

	Number of Applicants				Number Admitted (Began Training)			
	MD/ Twin Cities	MD/ Duluth	MD/PhD	Total	MD/ Twin Cities	MD/ Duluth	MD/PhD	Total
2012	3627	1487	179	5293	163	60	07	230
2011	3522	1279	170	4971	164	60	06	230
2010	3338	1281	177	4796	164	60	05	229
2009	3224	1352	153	4729	163	60	06	229
2008	3162	1413	165	4740	163	60	07	230
2007	3028	1330	165	4523	174	58	09	241
2006	2493	1281	127	3900	156	56	09	221
2005	2260	954	146	3360	160	66	05	231
2004	2130	625	141	2896	159	53	06	218
2003	1987	458	163	2608	157	53	08	218
2002	1645	647	110	2402	160	55	06	221
2001	1654	744	70	2468	156	54	09	219
2000	1696	730	44	2470	157	53	08	218

Projections for the Future of Medical Education in Minnesota

- 3. Provide the number of medical school graduates projected for each of the next ten years.
 - At this time, the University of Minnesota has no plans to increase the number of medical students on either the Twin Cities or the Duluth campus, given the bottleneck in the number of available residency training slots. We anticipate that the number of medical school graduates for each of the next ten years will remain at today's levels of 230 annually.
- 4. Provide the number of graduates projected to remain and practice in Minnesota after graduation for each of the next ten years. GME programs affiliated with the Metro Minnesota Council on Graduate Medical Education (which include the University of Minnesota and several smaller community based programs) graduate approximately 200 residents and fellows each year who enter directly into practice. Approximately 65% or 130 remain in Minnesota to start their careers. (These figures represent all Minnesota residency graduates except those who have gone through training programs affiliated with Mayo.) This number is not expected to increase at any time in the next ten years because the number of graduate medical education positions (residencies) is capped at 1996 levels by the Balanced Budget Act of 1997. No increase in positions is anticipated, and, in fact, threats to MERC funding may actually trigger a decrease in total positions available. We anticipate that the number of residents/fellows completing their graduate training in each of the next ten years will remain at today's levels.
- **5. Describe the plans of the university to increase the capacity of the school.** The University of Minnesota has no plans to increase capacity at either the medical school or graduate training level at this time.
- 6. Provide the most recent and accepted analysis concerning the need for physicians in Minnesota in the future, including time frames of the next five, ten, 15 and 20 years. The need must be stated in the aggregate and in specialty practice areas.

We researched a number of sources but were unable to locate data that addressed all of the components requested. Our solution was to draw estimates based on data from two different primary sources:

- Our baseline data came from a 2012 study produced by the Metro Minnesota Council on Graduate Medical Education that analyzed licensure data of physicians practicing in Minnesota
- Our estimates for future supply and demand were derived from the 2008 report from the Health Resources and Services
 Administration (HRSA), "The Physician Workforce: Projections and Research into Current issues Affecting Supply and Demand"
 (http://bhpr.hrsa.gov/healthworkforce/reports/physwfissues.pdf). In this report, HRSA projects changes in supply/demand by specialty in five year increments through 2020. We Identified the percentage increases used by specialty for each five year time period and applied them to our baseline data.

The following two tables project physician *supply* and *demand* in Minnesota through 2020. We could find no reliable projections for growth in demand by specialty beyond 2020, so we have not provided projections through 2033.

Active, Licensed MN Physicians by Specialty per MMCGME study

Projected Physician SUPPLY by Specialty per HRSA increase estimates at 2015 and 2020

		_ staay	morease estimates at 2010 and 2020					
	•			% increase,		% increase,		
	2012 ba	seline	2015	2012-2015	2020	2015-2020		
Primary Care	5185	<u> </u>	5478	5.64%	5704	4.13%		
General Family Medicine		2426	2570		2692	=		
General Internal Med		1374	1451		1505			
Pediatrics		994	1048		1088			
Ob/GYN		391	408		420			
Non-Primary Care	6104		6293	3.09 %	6400	1.70%		
Medical Specialties								
Cardiology		326	335		336			
Other Internal Medicine		1019	1056		1082			
Surgical Specialties								
General Surgery		310	307		304			
Ophthalmology		275	275		272			
Orthopedic Surgery		388	390		388			
Otolaryngology		159	161		159			
Urology		126	123		119			
Other Surgery		293	293		289			
Specialties								
Anesthesiology		480	511		529			
Emergency Medicine		438	469		494			
Pathology		263	264		266			
Psychiatry		750	774		788			
Radiology		758	782		797			
Other		519	553		577			
Subtotal, board certified								
physicians	11,289		11,771		12,104			
No board certification	755		787	4.27%	809	2.83%		
	12,044	_	12,558	*	12,913	**		

- 2012 baseline data by specialty from MMCGME study on Minnesota licensure data.
- Projected increase rates by specialty from 2008 HRSA report: The Physician Workforce: Projections and Research into Current issues
 Affecting Supply and Demand (http://bhpr.hrsa.gov/healthworkforce/reports/physwfissues.pdf); Exhibit 51: Baseline FTE Supply Projections
 of Active Physicians
- *Average increase, all board certified disciplines, 2012 to 2015, is 4.27%. This percentage increase was used to estimate the increase in the number of physicians without board certification, 2012 to 2015.
- **Average increase, all board certified disciplines, 2015 to 2020, is 2.83%. This percentage increase was used to estimate the increase in the number of physicians without board certification, 2015 to 2020

Active, Licensed MN Physicians by Specialty per MMCGME study

Projected Physician DEMAND by Specialty per HRSA increase estimates at 2015 and 2020

	IVIIVICGIVIE Study		increase estimates at 2013 and 2020					
	•			% increase,		% increase,		
	2012 ba	seline	2015	2012-2015	2020	2015-2020		
Primary Care	5185		5485	5.79%	5819	6.08%		
General Family Medicine		2426	2573		2734			
General Internal Med		1374	1480		1598			
Pediatrics		994	1031		1076			
Ob/GYN		391	401		412			
Non-Primary Care	6104		6559	7.46%	7062	7.66%		
Medical Specialties								
Cardiology		326	360		399			
Other Internal Medicine		1019	1107		1201			
Surgical Specialties								
General Surgery		310	335		361			
Ophthalmology		275	300		327			
Orthopedic Surgery		388	416		449			
Otolaryngology		159	168		179			
Urology		126	139		151			
Other Surgery		293	316		343			
Specialties								
Anesthesiology		480	519		563			
Emergency Medicine		438	459		482			
Pathology		263	282		300			
Psychiatry		750	788		827			
Radiology		758	816		885			
Other		519	555		595			
Subtotal, board certified								
physicians	11,289		12,044		12,881			
No board certification	755		806	6.69%	862	6.95%		
	12,044		12,850	*	13,743	**		

- 2012 baseline data by specialty from MMCGME study on Minnesota licensure data.
- Projected increase rates by specialty from 2008 HRSA report: The Physician Workforce: Projections and Research into Current issues Affecting Supply and Demand (http://bhpr.hrsa.gov/healthworkforce/reports/physwfissues.pdf); Exhibit 52: Baseline Physician Requirements Projections
- *Average increase, all board certified disciplines, 2012 to 2015, is 6.69%. This percentage increase was used to estimate the increase in the number of
 physicians without board certification, 2012 to 2015.
- **Average increase, all board certified disciplines, 2015 to 2020, is 6.95%. This percentage increase was used to estimate the increase in the number of physicians without board certification, 2015 to 2020.

Observations from These Supply and Demand Projections

- The licensure data we used as our baseline corresponds to an AAMC figure for total active patient care physicians in Minnesota.
- The total physician supply predicted for 2020 by our tables corresponds to supply figures for Minnesota projected in a
 Georgetown study based on Bureau of Labor Statistics data:
 http://www9.georgetown.edu/grad/gppi/hpi/cew/pdfs/Healthcare.States.082212.pdf
- Overall physician demand is projected to be 13,743 in 2020, while supply is projected to be 12,913. The gaps are particularly acute in non-primary care specialties.
- Our tables project that two primary care disciplines will not have a shortage of physicians in Minnesota by 2020: pediatrics and Ob/GYN. The disciplines of family medicine and general internal medicine *are* projected to have a shortage of 138 physicians in 2020, but this estimate is significantly less than the shortage of 1,000-3,000 primary care doctors projected in a separate study in Minnesota Medicine

 (http://minnesotamedicine.com/PastIssues/February/2013/Prijmary/CarejsattheHeartofHealthReform.aspx). The Minnesota
 - (http://minnesotamedicine.com/PastIssues/February2013/PriimaryCareisattheHeartofHealthReform.aspx). The Minnesota Medicine analysis included an Affordable Care Act (ACA) demand factor, which may be missing from our HRSA projections. Yet another study, released in September, 2013 by the Robert Graham Center, estimates that Minnesota will need 608 additional primary care physicians by 2020. This figure is in line with the growth in supply and demand projected by our tables. The same study goes on to project that by 2030, Minnesota will need 1,187 primary care physicians over current levels (Petterson, S.M., Cai, A., Moore, M., Bazemore, A. State-level Projections of Primary Care Workforce, 2010-2030. September 2013, Robert Graham Center, Washington, D.C.)
- In non-primary care, all disciplines are projected to have a shortage of physicians in Minnesota by 2020.

Assumptions Incorporated into These Projections:

- The HRSA report projects a percentage increase for each specialty for the nation as a whole, not for Minnesota specifically. Minnesota's increase rates may differ from the national rates.
- The HRSA report projected a percentage increase for each specialty for the period 2010 to 2015. We applied these same percentage increases to predict increases by specialty from 2012 to 2015.

Weaknesses of Our Study:

- The HRSA study was published in 2008 but used 2000 data as its baseline. The assumptions used in drafting these reports may differ from the actual outcomes that have been realized in the interim. More recent projections by specialty would have been preferred, as they would have taken into account influences that were not foreseeable in 2000. For example, these projections were made prior to authorization of the Affordable Care Act. How would more up to date projections take the ACA into account?
- Workforce reports use many different definitions of "active physician;" it is not always possible to compare two reports and be confident that they are using the same parameters. Variables that may or may not be factored into a report's definition of physician include:
 - Does the definition of physician include residents? Doctors of Osteopathic Medicine?
 - Does the definition reflect FTEs or count all physicians as one unit, even if they are working less than full -time?
 - Does the definition include all active physicians? Licensed physicians? Physicians practicing within Minnesota? Physicians active in direct patient care?
- The HRSA increase projections take nationwide physician age and retirement into account. In 2012, 13.82% of active physicians practicing in Minnesota were age 66 or older. Over the next ten years, an average of 350 Minnesota physicians per year will reach age 65. It is unclear how Minnesota's age/retirement rates compare to the national data reflected in the HRSA projections.
- The impact of these workforce projections does not take into account care by non-physician providers such as physician assistants, doctors of nursing practice/nurse practitioners, and other team-based models of care.